

Purpose Driven Dying

End-of-Life Ministry Weekend Retreat



Helping You Continue Your Story

...or at least consider the importance of writing your final chapter together

In this aging demographic, the church needs to be the organism that does end of life the best. Learn how to journey with a person who is in the last chapter of their life and how to include their family and friends in this significant time. People have purpose right to their last breath.

This retreat is for anyone who is caring for a family member with a terminal illness or who is curious about how they might impact their family and friends in their last chapter of life on this earth.

Topics include:

- *A Different Perspective: How a person's purpose shifts during the final chapter*
- *Why Your Closing Paragraph May Be Just as Important to Others as It Is to You*
- *Why Whole-Person Suffering Needs to Be Understood from God's Perspective*
- *How to Communicate Your Preferences and Have Them Honoured*
- *5 Ways to Get Unstuck in Your Final Chapter*

Through short educational sessions, individual reflection and group interaction, each participant will go away with a new perspective on purpose driven dying and have in their toolbox practical scripture centered strategies that honour a dignified and peaceful death.

You are not alone. Join others in this weekend experience and go home knowing that your last chapter of life is significant for your family and friends and that God has plans for you until your last breath.

Grief: The Jesus Way

Bereavement Ministry Weekend Retreat



How to Get Through Grief ...or at least know you're moving forward

People get stuck in their grief, but all they really want is to have their joy restored. Jesus left his disciples with some incredible insights into grief that work for us still today. Learn what these are and help others by responding to the scriptural mandate to bear one another's burdens.

This retreat is for anyone who has gone through a significant loss and wonders if the pain will ever go away.

Topics include:

- *Purpose Driven Grief*
- *Defeating the Biggest Reason People Get Stuck*
- *Constructing the Game Plan That Will Keep the Connection Going*
- *Learning How to Tell Your New Story Differently*
- *Exploring Unique Mourning Practices That Work for You and Your Family*
- *Healthy Remembering of Your Loved One Who Died*

Through short educational sessions, individual reflection and group interaction, each participant will go away with a blueprint to help them get through grief from a scriptural perspective and in their unique manner in order to experience joy again. You are not alone. Join others in this weekend experience and go home, knowing there is hope for your future while still honouring the one you miss.

Rick Bergh (M. Div., CT, NT) is an ordained minister and serves a parish in Victoria, BC. He is a best-selling author, speaker, narrative therapist and workshop leader. God has called him to a ministry as a thanatologist (specialist in death, dying and bereavement). Rick has first-hand experience at transitioning through loss and leads workshops and speaks throughout North America on grief and bereavement. You can learn more about his work at: www.rickbergh.com
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