

You've Got MAiL - You Are Not Alone! You Are Loved!

Rev. Vicky Hedelius

Today, the Lord is teaching us all – new ways to share His MAiL (Merciful Aid in Living)

He Knows!

He knows how 'Social Distancing', now defines our everyday living. He knows that with each passing day, Canadians, and people worldwide, are experiencing the increasing impact of this 'no physical contact' mandate. He knows that as we grapple with the reality of this isolation being our 'new norm' for an unknown length of time, feelings of despair, hopelessness and abandonment will continue to grow — with the inevitability of many people being tempted to embrace drastic acts which will lead to physical, emotional and spiritual pain, suffering and even death!

He Calls His Church to Proclaim 'You Are Not Alone! You Are Loved!'

Although churches are closed and small groups are suspended from gathering physically – it is amazing just how powerfully Christians are being gathered in by our Heavenly Father in new ways! Yes - God's Holy Spirit cannot be stopped! His Holy MAiL is being delivered moment by moment – day by day! Reports continue to come in from across the world – how people in all kinds of situations are receiving the Good News - You've Got MAiL! You are not alone! You are loved! Lives changed – eternally! Alleluia!

Christians are Responding to Him as Front Line Workers - Spiritual Medics

Yes, Christians are answering His call to reach out to our fellow citizens with Christ's Compassionate Love and pastoral Care. More than ever, more Spiritual Medics are needed on the frontline – bringing hope to the hopeless and Merciful Aid in Living to the vulnerable in practical and meaningful action. It's a time for 'spiritually closeness' embracing our brothers and sisters in Christ and our 'neighbours'! As the Holy Spirit leads individuals and church communities to raise up Spiritual Medics – new connections and relationships – ministries and pastoral care are emerging! On Sanctity of Life Sunday – let's celebrate these with thankfulness and courage!

Responding to Him as His Church

Corporately, as Spiritual Medics are out on the battlefield, the church needs to be spiritually and practically equipped to welcome in the wounded and the vulnerable. We at Anglicans For Life Canada are here for you – with Life-Affirming resources and information to assist you and your church. What the next steps entail will be defined by His Holy Spirit – Yes nothing can stop the delivery of His MAiL, which is filled with His Promises, what each person does individually with it is the issue! Receive and be empowered – or ignore it?

Celebrating Sanctity of Life Sunday with Joy for the Journey – You are Not Alone! You are Loved

Yes we know that with each passing day – social safety nets are straining under the growing demand for financial and health care support. Yes, we know that the 'unknown' and lack of human control shakes and challenges every belief system – secular and religious. We're in the midst of it right now!

But, that's not the message – Jesus Christ is our Message! We know that the Good News of the Gospel is being realized by many people and communities in amazing ways! No matter how challenging the situation – His MAiL is being delivered!

Let's celebrate together our daily journey from Sadness to Joy! **You are not Alone! You are Loved!**

To God Be the Glory!

A View From a Journey

Michael Bromilow

I have started spending more time looking back at the paths I have taken and the potential ones forward relishing in awe of the **Merciful Aid in Living (MAiL)** that has surrounded and continues to encompass my life. The footprints on these paths show me the closeness of my Father regardless of my condition. Because of God’s Mercy and Grace, I want to make a difference and know that God is working through me to love and support others with **Merciful Aid in Living (MAiL)**

As a visualizer I spent time on this chart to help me understand the ways that **MAiL** washes over my Christian life. I am hopeful that sharing it will provide you an understanding of how **MAiL** may be part of your journey. The Holy Spirit (Dove) and open spaces on the chart leave room for your personal **MAiL** and reminds us all that there is more to come.

Embracing my journey with the Lord is most important to me now as I grow older. As I discern His **MAiL** daily, I am thankful for such tools as the new **“Embrace the Journey Project”** by AFLC which will be a central part of His equipping me for further Life decisions until the day He calls me home. **And To God Be the Glory!**

