



AFLC 'Journey' Newsletter #4

Reclaiming Our Daily Life With Meaning! and What About Our Children?

May 23, 2020

Spiritual First Aid!



Every day we're seeing videos and advertisements on TV and Social Media that try to entertain us – distract us from our isolation, our worries, our pains and our fears. And for a brief moment – some of them are successful. But, let's be honest, it doesn't last. In the darkness of the night, or the emptiness of the day, the oppression and uncertainty of life grips our very being. Impatience and frustration are beginning to take their toll – we want our independence back – we want to do what we want to do - when we want to do it!

**SOCIAL
MEDIA**

Problem is that the truly fruitful, meaningful answers to finding personal wholeness, peace, joy, and love aren't going to be found in entertainment or self indulgence. They won't be found in a system or a website or any earthly distraction!



But don't give up! Finding meaning in your life right now is possible – for your Creator Almighty God has revealed Himself in His Son Jesus Christ! And His Holy Spirit is actively involved in our everyday living – delivering His **Merciful Aid in Living (MAiL)**.

Hear this Good News! Jesus tells us not to be afraid - rather to bind ourselves to Him - like a branch is to a vine. For He is the True Living Vine - the one from whom all Life comes - all life is sustained - and each of us is a branch that is nurtured and cared for moment by moment! (John 15:1-11) <https://www.biblegateway.com/passage/?search=John+15%3A1-11&version=ESV>

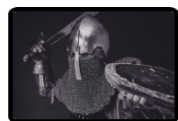


Making Life Affirming meaning out of your life then involves your willingness to - hear His Holy Truth in the midst of the chaos around you. His Joy, His Love, His Peace, His Hope are yours today when you invite Him in to show you how to bind yourself to Him - embrace His Love and Mercy in your life journey. So, open your heart, your mind and - yes - your spirit and listen, watch, receive!



Be Nurtured!

Daily, take time to read more of His love letter to you - (The Gospel of John is a great place to begin). Learn more from such leaders as St. Paul and St. Peter - there's a great variety of letters in the New Testament - hear how followers of Jesus in those early years dealt with uncertainty and daily living in faith amidst all kinds of life threatening situations.



Be Protected!

Daily, put on the 'armor of God' - belt of truth, breastplate of righteousness, shield of faith, helmet of salvation and sword of the spirit/the Word of God (read Paul's letter to the Ephesians 6:10-19). <https://www.biblegateway.com/passage/?search=Ephesians+6%3A10-19&version=ESV>

Remember Jesus' Promise - Be Not Afraid – I am with You always - You are loved - and remember to share this Love with others -there is always room on the vine for many more branches!



Be Fruitful!

Oh, and do you want to know what 'the fruit' is that you shall bear when you graft yourself to the True Vine? - check out St. Paul's letter to the Galatians (5:22) love, joy, peace, patience, kindness, goodness, and faithfulness.

Definitely good news! <https://www.biblegateway.com/passage/?search=Galatians+5%3A22-26&version=ESV>



Be Gifted!

Daily, each of us is being filled with His Holy Spirit – who prepares us with Spiritual Gifts – and empowers us to use them. (1 Corinthians

12) <https://www.biblegateway.com/passage/?search=1Corinthians12&version=ESV>

There are a variety of gifts ; a variety of service and a variety of activities – each given by the Holy Spirit to empower us to serve others in daily living.



Serving Others As Spiritual Medics

There are a variety of gifts; a variety of service and a variety of activities – each given by the Holy Spirit to equip us to serve others in daily living. We are one Body with many members empowered by the Holy Spirit to use our unique gifts for the benefit of others.

(1 Corinthians 12:12-31) <https://www.biblegateway.com/passage/?search=1+Corinthians+12%3A12-31&version=ESV>

Resources

Online Bible:

Fast and easy way to find scripture passages and more
<https://www.biblegateway.com>

Video:

Life Matters

A scriptural journey through the Bible in 20 minutes! By Ven. Paul Charbonneau
https://youtu.be/_eHvYHeANUY

Sanctity of Life Materials:

Scripture Passages <https://www.anglicansforlifecanada.com/scripture-readings/>

Prayers <https://www.anglicansforlifecanada.com/prayers/>

Intercessions <https://www.anglicansforlifecanada.com/intercession/>

Reflections <https://www.anglicansforlifecanada.com/theme-homily/>

Loss and Mourning

Counsellor Rick Bergh

<https://www.rickbergh.com/>

Music Video:

Come Bless Our God! (New Version)

Praying for Canada by John Goodwin

https://youtu.be/tlj4nEd_rAw

What About Our Children?



Daily Faith Building

While adults are struggling with making meaning of daily living – what about our children? Schooling is happening online at home – and this gives parents a great opportunity to incorporate the Good News of Jesus' Love into 'the classroom'.

Learning Together

Parents: incorporate time for reading the bible; learning about how to live each day God's Way. Explore what your children are thinking about – their fears, their hopes, their needs and concerns. Share your faith stories. Create new traditions – prayer times, story times, sharing times and play times that offer everyone an opportunity to grow in their faith!

Resources

Focus on the Family:

Many excellent resources for all aspects of the family
<https://www.focusonthefamily.ca/>

Abundant Life:

"You were made for more!" (for teens) Anglicans For Life (US)

This resource was developed to educate students about healthy relationships, sexuality, dating, and decision-making, while also covering topics like pornography addiction, identity, social media usage, loneliness, depression, and suicide - all resting on the ultimate redemption found only in Jesus.

<http://youweremadeformore.org/>

Jane Goodwin:

Pastor, Missionary, Children's Author

Jane is the co-founder of **Worship With Us Ministries** together with her husband John. Her life of discipleship has taken her around the world and to many different kinds of churches, where she loves to worship and hear the voice of God. Jane's creative urge and love of jewellery led her to create a unique series of rings based on the book of revelation. This creative talent and desire to share the Good News also led her to create a series of books for children which tell the story of salvation and describe how God sees his kids. Jane and John travel and conduct ministry in Eastern Europe and are the founding pastors of Stonetown Worship Centre in their home town of St. Marys, Ontario.

Book Orders: <https://www.worshipwithus.ca/books/book-store>



In Our MAIL Box

Thank you for your emails from all across Canada!

Your Messages of Thanksgiving!

As your church community continues to care for one another – many are actively reaching out to the most vulnerable. God's Holy Spirit is teaching us all how to be **Spiritual Medics** – daily putting on His Armour - daily praying for and supporting those who are first responders; those on the front lines in pregnancy centres; medical care centres; hospitals; hospices; senior facilities; funeral homes; grocery stores, pharmacies; production and other essential services.

Contact: vicky@anglicansforlifecanada.com

Please Continue to Send Us Your **MAiL**

Send us your experiences of receiving and delivering His **MAiL (Merciful Aid in Living)**.

Let us know how we can be of service to you.

Contact: vicky@anglicansforlifecanada.com

The Mission of Upholding The Sanctity of Human Life Continues. That's Why....

- We're continuing to update our website with important Life Affirming information and resources regarding Life from conception to natural death.
Website: <http://www.anglicansforlifecanada.com>
- We're working on new ways to bring the *Embrace the Journey Program* to you.
- We're working on our Facebook Page and look forward to connecting with you there also.

Please Consider DONATING to this Life Affirming Charitable Ministry. While AFLC is operated 100% by volunteers, there are ongoing operational expenses that require financial support.

Taxation receipts will be issued if an address and name is given.

[Donate](#)

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